


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
 31) ROAST BEEF SMOTHERED PORK CHOP MASHED POTATOES & GRAVY BUTTERED CARROTS MARINATED VEGETABLE SALAD BLACK FOREST CAKE	<h1>OCTOBER 2021</h1>					1) CHICKEN PARMESAN /SAUCE OVEN FRIED FISH MACARONI & CHEESE STEWED TOMATOES LIME APPLESAUCE JELLO	2) SMOTHERED PORK CHOP CHEESE STUFFED SHELLS/ SAUCE SEASONED ITALIAN BLEND VEG. SPINACH & BACON SALAD CHERRY NUT ICE CREAM  End spring menu
3) FRIED CHICKEN SMOTHERED PORK CHOP MASHED POTATO & GRAVY GREEN BEAN ALMONDINE BROCCOLI COLE SLAW PEANUT BUTTER PIE  FALL MENU BEGINS	4) COUNTRY HAM STEAK BAKED POTATO WITH SOUR CREAM  SPAGHETTI WITH MEAT SAUCE 5 WAY MIXED VEGETABLES ITALIAN TOSSED SALAD APPLE CRISP	5) AUTUMN PORK ROAST BAKED CHICKEN  SCALLOPED POTATOES BROCCOLI/CHEESE SAUCE LIME APPLESAUCE JELLO ICED RAISIN BARS	6) SWEET & SOUR CHICKEN STEAMED RICE PENNE ITALIAN  SAUSAGE BAKE ORIENTAL VEGETABLES CHOPPED MIXED SPINACH SALAD MANDARIN ORANGE CAKE	7) BACON WRAPPED BEEF ROASTED REDSKIN POTATOES FRIED CABBAGE  CHICKEN BROCCOLI RICE CASSEROLE CRANBERRY FLUFF MISSISSIPPI MUD CAKE	8) BEEF STEAK/ MUSHROOMS & ONIONS AUGRATIN POTATOES  SHRIMP ALFREDO / LINGUINE BUTTERED PEAS CARROT&RAISIN SALAD BANANA CREAM PIE	9) CRAB CAKES BBQ GLAZED MEATLOAF  BABY BAKERS POTATOES CORN CASSEROLE BANANA ORANGE JELLO CHERRY NUT ICE CREAM	
10) BAKED HAM LOADED MASHED POTATOES  STUFFED BELL PEPPERS  ASPARAGUS TIPS CORN SALAD ANGEL FOOD CAKE WITH FRUIT	11) BAKED CHICKEN /GRAVY MASHED POTATOES & GRAVY  LASAGNA  CALIFORNIA BLEND VEGETABLES CREAMY CUCUMBER & ONION SALAD CHERRY PIE	12) ROAST TURKEY & GRAVY BAKED SWEET POTATO  BACON CHEESEBURGER ON A BUN/ FRIES  BUTTERED PEAS GLOW SALAD BREAD PUDDING WITH VANILLA SAUCE	13) MEATLOAF MASHED POTATOES & GRAVY  GARDEN QUICHE BAKED TOMATOES OREGANO CRUNCHY PEA & CAULIFLOWER SALAD PINEAPPLE UPSIDE DOWN CAKE	14) OVEN FRIED CHICKEN BAKED POTATO  CREAMED CHIPPED BEEF  BISCUIT CAESAR SALAD BERRY BROWNIE DINNER ROLL	15) BROWN SUGAR PORK CHOP FRIED POTATOES  BEEF STROGANOFF OVER NOODLES  GLAZED CARROTS MACARONI SALAD PUMPKIN PIE	16) CHICKEN & DUMPLINGS  BEEF TERIYAKI STEAMED RICE  5 WAY MIXED VEGETABLES LIME JELLO/PEARS CRANBERRY OAT BAR	
17) THYME BAKED CHICKEN BREAST  LEMON BAKED FISH PARSLIED BUTTERED POTATOES BROCCOLI/CHEESE GREEN PEA SALAD CARROT CAKE/CR.CHEESE FROSTING	18) SALISBURY STEAK BROWN SUGAR GLAZED HAM  NOODLES ROMANOFF 5 WAY MIXED VEGETABLES GREEN BEAN CASSEROLE APPLECABBAGE SALD APPLE COBBLER	19) OPEN FACED ROAST BEEF SANDWICH/GRAVY  GRILLED CHICKEN BREAST MASHED POTATOES  BRUSSELS SPROUTS/BACON THREE BEAN SALAD JELLO CAKE/WHIPPED TOPPING	20) SWEDISH MEATBALLS PARSLIED BUTTERED FRESH RED POTATOES  SPINACH BAKE CALIFORNIA COBB SALAD FRUITED JELLO PEAR CRISP	21) MINUTE STEAK/ GRAVY BAKED POTATO BUTTERED CARROTS  TUNA SALAD COLD PLATE COTTAGE CHEESE/FRUIT PUMPKIN BAR	22) MAPLE GLAZED BAKED SALMON  CHICKEN PARMESAN CHEESY BAKED RICE & BEANS ITALIAN VEG. BLEND BLT PASTA SALAD STRAWBERRY ICE CREAM	23) CRANBERRY GLAZED PORK LOIN SOUR CREAM CHIVE MASHED POTATOES  MEXICAN LASAGNA  CONFETTI CORN COLESLAW PEACH PIE	
24) BEEF POT ROAST/ GRAVY ROASTED BABY CARROTS OVEN ROASTED POTATOES  SPAGHETTI/MEAT SAUCE BREAD STICK FIVE WAY MIXED VEGETABLES AMBROSIA CARAMEL BROWNIE	25) CHICKEN ALFREDO OVER FETTUCCINI  BUTTERFLY SHRIMP  RANCH BAKED POTATO GREEN BEANS/ONIONS NEPTUNE SALAD PINEAPPLE CRISP	26) GLAZED BAKED HAM  HERB BAKED FISH BAKED FRESH SWEET POTATO STEAMED BROCCOLI SPINACH SALAD/MANDARIN ORANGES BUTTER PECAN ICE CREAM	27) BBQ BAKED CHICKEN MASHED POTATOES & GRAVY  UNSTUFFED GREEN PEPPER CASSEROLE CAULIFLOWER/ CHEESE SAUCE AUTUMN FRUIT CRUMBLE	28) ROAST TURKEY & GRAVY CORNBREAD DRESSING  SWISS STEAK/TOMATOES BAKED POTATO GLAZED CARROTS CREAMY COLE SLAW PUMPKIN PIE	29) FRIED CATFISH  MEATLOAF CHEESY MASHED POTATOES CALIFORNIA BLEND VEGETABLES ORANGE SHERBET SALAD APPLESAUCE CAKE	30) CORNFLAKE CHICKEN HASHBROWN CASSER.  PORK LO MEIN STEAMED BROCCOLI MARINATED TOMATO SALAD ANGEL FOOD CAKE/ STRAWBERRIES	