

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast 8:00 Lunch 12:00 Supper 5:00 (*AL* activity held on Assisted Living)		2:30 Coffee Break 1 3:00 Monthly Weights & Vitals 5:30 Puzzle Time 6:00 Evening Stretch 6:30 Hot Cocoa and Chat	2:30 Snack & Coffee 2 3:00 Floats & Tunes 5:30 Group Reading 6:00 Sing Along With Staff 6:30 Banana 8:00 Husker Volleyball	2:30 Snack Social 3 3:00 Tag Tom the Turkey 5:30 Hall Walking 6:00 Bingo 6:30 Popcorn	2:45 Happy Hour 4 AL 5:30 Chicken Soup for the Soul Reading 6:00 Turkey Hangman 6:30 Crackers and Peanut butter	2:30 Coffee Social 5 3:00 Hot Apple Cider 5:30 THANK Categories 6:00 Book Reading 6:30 Go for a Walk Husker Football TBA
2:30 Snack Social 6 3:00 Crossword Puzzles 5:30 Clean Walkers 6:00 Evening Stretch 6:30 Ice Cream <small>Daylight Savings Time Ends</small>	2:30 Snack & Coffee 7 3:00 Manicure Monday 5:30 Sing Along with Staff 6:00 Chicken Soup for the Soul Reading 6:30 Graham Crackers	3:00 Music w/Jay Towell -AL 8 5:30 Puzzle Time 6:00 Evening Stretch 6:30 Hot Cocoa and Chat	2:30 Snack & Coffee 9 3:00 Veterans Day Cards 5:30 Group Reading 6:00 Sing Along With Staff 6:30 Banana	2:00 Sing Along with Cathy Roark-AL 10 5:30 Hall Walking 6:00 Bingo 6:30 Popcorn	2:45 Happy Hour 11 AL 5:30 American Military Trivia 6:00 Husker Volleyball 6:30 Crackers & PB <small>Veterans Day Remembrance Day (Canada)</small>	2:30 Coffee Social 12 3:00 Bake Chocolate Chip Cookies 5:30 THANK Categories 6:00 Book Reading 6:30 Go for a Walk Husker Football TBA
2:30 Snack Social 13 3:30 Husker Volleyball 5:30 Clean Walkers 6:00 Evening Stretch 6:30 Ice Cream	2:30 Snack & Coffee 14 3:00 Manicure Monday 5:30 Sing Along with Staff 6:00 Chicken Soup for the Soul Reading 6:30 Graham Crackers	2:30 Coffee Break 15 3:00 Spiced Pumpkin Muffins 5:30 Puzzle Time 6:00 Evening Stretch 6:30 Hot Cocoa and Chat	2:30 Snack & Coffee 16 3:00 Fingerprint Turkey Cards 5:30 Group Reading 6:00 Sing Along With Staff 6:30 Banana	2:30 Snack Social 17 3:00 Pony Bead Corn 5:30 Hall Walking 6:00 Bingo 6:30 Popcorn	2:45 Happy Hour 18 AL 5:30 Chicken Soup for the Soul Reading 6:00 Husker Volleyball 6:30 Crackers & PB	2:30 Coffee Social 19 3:00 Mug Pumpkin Pie 5:30 THANK Categories 6:00 Book Reading 6:30 Go for a Walk Husker Football TBA
2:30 Snack Social 20 3:00 Board Games 5:30 Clean Walkers 6:00 Evening Stretch 6:30 Ice Cream	2:30 Snack & Coffee 21 3:00 Manicure Monday 5:30 Sing Along with Staff 6:00 Chicken Soup for the Soul Reading 6:30 Graham Crackers	2:30 Coffee Break 22 3:00 Turkey Tales 5:30 Puzzle Time 6:00 Evening Stretch 6:30 Hot Cocoa and Chat	2:30 Snack & Coffee 23 3:00 Photo Finish: Acorns 5:30 Group Reading 6:00 Sing Along With Staff 6:30 Banana	2:30 Snack Social 24 3:00 Noodle Ball 5:30 Hall Walking 6:00 Bingo 6:30 Popcorn <small>Thanksgiving Day (US)</small>	2:30 Snack & Coffee 25 3:00 Husker Football 5:30 Chicken Soup for the Soul Reading 6:00 Turkey Hangman 6:30 Crackers & PB 7:00 Husker Volleyball	2:30 Coffee Social 26 3:00 Pecan Pull-Apart Bread 5:30 THANK Categories 6:00 Book Reading 6:30 Go for a Walk 8:00 Husker Volleyball
2:30 Snack Social 27 3:00 Festive Detective 5:30 Clean Walkers 6:00 Evening Stretch 6:30 Ice Cream	2:30 Snack & Coffee 28 3:00 Manicure Monday 5:30 Sing Along with Staff 6:00 Chicken Soup for the Soul Reading 6:30 Graham Crackers	2:30 Coffee Break 29 3:00 Can You Picture this? 5:30 Puzzle Time 6:00 Evening Stretch 6:30 Hot Cocoa and Chat	2:30 Snack & Coffee 30 3:00 Tell Us M&M 5:30 Group Reading 6:00 Sing Along With Staff 6:30 Banana	<h1 style="color: #D9534F; font-family: serif;">NOVEMBER 2022</h1> <h2 style="font-weight: bold; margin-top: 20px;">Arbor Evening Activities</h2>		

*Activities subject to change