

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast 8:00</b> <b>Lunch 12:00</b> <b>Supper 5:00</b> (*AL* activity held on Assisted Living)		<b>8:30 Devotions 1</b> <b>9:00 Light &amp; Lively Exercise</b> <b>10:00 Baked Cinnamon Oat Apples</b>	<b>8:30 Devotions 2</b> <b>9:00 Noodle Ball</b> <b>10:00 Devotions with Mel-AL</b> <b>11:00 Baby Clothes</b>	<b>8:30 Devotions 3</b> <b>9:00 Daily Fitness</b> <b>10:00 Finish Monthly Weights &amp; Vitals</b> <b>12:00 Lunch at the Grille</b>	<b>8:30 Devotions 4</b> <b>9:00 Exercise</b> <b>10:00 Newspaper</b> <b>11:00 November Trivia</b>	<b>8:30 Devotions 5</b> <b>9:00 Light &amp; Lively</b> <b>10:00 Remembering Patsy Cline Songs</b> <b>11:00 Thanksgiving Charades</b>
<b>8:30 Devotions 6</b> <b>9:00 Church Service-Youtube</b> <b>10:00 Daylight savings reading</b> <b>11:00 Exercise</b> <small>Daylight Savings Time Ends</small>	<b>8:30 Devotions 7</b> <b>9:00 Exercise</b> <b>10:00 Chapel-AL</b> <b>11:00 Noodle Ball</b>	<b>8:30 Devotions 8</b> <b>9:00 Light &amp; Lively Exercise</b> <b>10:00 Perfect Pumpkin Pie</b>	<b>8:30 Devotions 9</b> <b>9:00 Noodle Ball</b> <b>10:00 Devotions with Mel-AL</b> <b>11:00 Polka Ball Toss</b>	<b>8:30 Devotions 10</b> <b>9:00 Daily Fitness</b> <b>10:00 Hand Massages</b> <b>12:00 Lunch at the Grille</b>	<b>8:30 Devotions 11</b> <b>9:00 Exercise</b> <b>10:00 A Poetic Look at Veteran's Day</b> <b>11:00 Paul Harvey Broadcast</b> <small>Veterans Day Remembrance Day (Canada)</small>	<b>8:30 Devotions 12</b> <b>9:00 Light &amp; Lively</b> <b>10:00 November Quick Draw</b> <b>11:00 Finish the Feathers</b>
<b>8:30 Devotions 13</b> <b>9:00 Church Service-Youtube</b> <b>10:00 Bowling</b> <b>11:00 Exercise</b>	<b>8:30 Devotions 14</b> <b>9:00 Exercise</b> <b>10:00 Chapel-AL</b> <b>11:00 Noodle Ball</b>	<b>8:30 Devotions 15</b> <b>9:00 Light &amp; Lively Exercise</b> <b>10:00 Homemade Yummy Fudge</b>	<b>8:30 Devotions 16</b> <b>9:00 Noodle Ball</b> <b>10:00 Devotions with Mel-AL</b> <b>11:00 Baby Clothes</b>	<b>8:30 Devotions 17</b> <b>9:00 Daily Fitness</b> <b>10:00 Alphabet Noodle Songs</b> <b>12:00 Lunch at the Grille</b>	<b>8:30 Devotions 18</b> <b>9:00 Exercise</b> <b>10:00 Newspaper</b> <b>11:00 Turkey Day Trivia</b>	<b>8:30 Devotions 19</b> <b>9:00 Light &amp; Lively</b> <b>10:00 Remembering Patsy Cline Songs</b> <b>11:00 Thanksgiving Charades</b>
<b>8:30 Devotions 20</b> <b>9:00 Church Service-Youtube</b> <b>10:00 Celebrating Thanksgiving Word Match</b> <b>11:00 Exercise</b>	<b>8:30 Devotions 21</b> <b>9:00 Exercise</b> <b>10:00 Chapel-AL</b> <b>11:00 Noodle Ball</b>	<b>8:30 Devotions 22</b> <b>9:00 Light &amp; Lively Exercise</b> <b>10:00 November Trivia</b> <b>11:00 Remembering Preparing a Big Meal</b>	<b>8:30 Devotions 23</b> <b>9:00 Noodle Ball</b> <b>10:00 Devotions with Mel-AL</b> <b>11:00 Polka Ball Toss</b>	<b>8:30 Devotions 24</b> <b>9:00 Macy's Thanksgiving Day Parade (&amp; Hunt Activity)</b> <b>11:00 Remembering the Thanksgiving Table</b> <small>Thanksgiving Day (US)</small>	<b>8:30 Devotions 25</b> <b>9:00 Exercise</b> <b>10:00 Newspaper</b> <b>11:00 Owling with Laughter</b>	<b>8:30 Devotions 26</b> <b>9:00 Light &amp; Lively</b> <b>10:00 November Quick Draw</b> <b>11:00 Finish the Feathers</b>
<b>8:30 Devotions 27</b> <b>9:00 Church Service-Youtube</b> <b>10:00 Bowling</b> <b>11:00 Exercise</b>	<b>8:30 Devotions 28</b> <b>9:00 Exercise</b> <b>10:00 Chapel-AL</b> <b>11:00 Noodle Ball</b>	<b>8:30 Devotions 29</b> <b>9:00 Light &amp; Lively Exercise</b> <b>10:00 Turkey Day Trivia</b> <b>11:00 Hand Massages</b>	<b>8:30 Devotions 30</b> <b>9:00 Noodle Ball</b> <b>10:00 Devotions with Mel-AL</b> <b>11:00 Baby Clothes</b>			

\*Activities subject to change