



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1030 Manicures 300 New Year's Party 615 Book Club 645 Chair Exercise-YT <small>New Year's Day</small>	1 Monthly Vitals & Weights 1200 GRILL 300 Wine Wednesday 400 Take Down Christmas Decor 615 Sing Along 645 Exercise	1030 Word Scramble 300 Thirsty Thursdays 330 Bingo 615 Sit & Be Fit-YT	1030 Newspaper 300 Drinks & Snack 330 Bowling 615 Book Club 645 Big & Loud Parkinson's Exercise-YT	1100 Remembering Campbell's Soup 300 Drinks/Social 330 January Trivia 600 Lawrence Welk-YT 630 Cool Down Stretch-YT
930 Chicken. Soup Book 1030 Hymns 1045 Catholic Mass 300 Coffee Break 330 Who Made Us Laugh 615 Balloon Exercises	1100 Luth. Church 300 Drinks 330 Bake Birthday Cake 615 Sing Along 645 Walk the Halls Happy Birthday, Betty!	1030 Giggles Preschool Visit 300 Hydration Station 330 Colored Milk Art 615 Book Club 645 Chair Exercise-YT	1030 Newspaper 1200 GRILL 300 January Birthday Party 615 Sing Along 645 Exercise	1030 Rhyming Words 300 Thirsty Thursdays 330 Bingo 615 Sit & Be Fit-YT	1030 Newspaper 300 Tim Mohanna Music 615 Book Club 645 Big & Loud Exercise -YT	1100 Eat, Wear or Drive? 300 Drinks/Social 330 Random Trivia 600 Lawrence Welk/YT 630 Cool Down Stretch-YT
930 C. Soup Book 1030 Hymns 1045 Catholic Mass 300 Coffee Break 330 The Champagne Music Maker 615 Balloon Exercises	1100 Luth. Church 300 Drinks 330 Lemon Whip 615 Sing Along 645 Walk the Halls	1030 Manicures 330 Hydration Station 330 Who Made Us Laugh 615 Book Club 645 Chair Exercise-YT	1030 Newspaper 1200 GRILL 300 Wine Wednesday 400 Remembering Campbell's Soup 615 Sing Along 645 Exercise	1030 Categories 300 Thirsty Thursdays 330 Bingo 615 Sit & Be Fit-YT	1030 Newspaper 300 Riverbrew Coffee Shop 615 Book Club 645 Big & Loud Exercise -YT	1100 Accidental Art 300 Drinks/Social 330 MLK Day 600 Lawrence Welk/YT 630 Cool Down Stretch-YT
930 C. Soup Book 1030 Hymns 1045 Catholic Mass 300 Coffee Break 330 From Selma to Montgomery 615 Balloon Exercises	1100 Luth. Church 300 Drinks 330 Double Trouble Chocolate Cookies 615 Sing Along 645 Walk the Halls <small>Martin Luther King Day Tu B'Shevat</small>	1030 Manicures 330 Hydration Station 330 Dish Soap Silly Putty 615 Book Club 645 Chair Exercise-YT	1030 Newspaper 1200 GRILL 300 Pie & Coffee 400 January Trivia 615 Sing Along 645 Exercise	1030 Name Categories 300 Thirsty Thursdays 330 Bingo 615 Sit & Be Fit-YT	1030 Newspaper 300 Happy Hour 615 Book Club 645 Big & Loud-YT Happy Birthday, Bob!	1100 Splish Splash 300 Drinks/Social 330 The Champagne Music Maker 600 Lawrence Welk/YT 630 Cool Down Stretch-YT
930 C. Soup Book 1030 Hymns 1045 Catholic Mass 300 Coffee Break 330 Board Games 615 Balloon Exercises	1100 Luth. Church 300 Drinks 330 Sweet & Spicy Chips 615 Sing Along 645 Walk the Halls <small>Australia Day (observed)</small>	1030 Manicures 330 Hydration Station 330 National Corn Chip Day-Bake 615 Book Club 645 Chair Exercise-YT	1030 Newspaper No GRILL 300 Mad Hatters Tea Party 615 Sing Along 645 Exercise	1030 Spelling Words 300 Thirsty Thursdays 330 Bingo 615 Sit & Be Fit-YT		

Activities subject to change.

Off Household Activities